



Flip-Flop GYMNASTICS



REGISTRATION FOR WINTER SESSION OPEN NOW!
 DATES ARE **11/27/23- 02/10/24**. REGISTER ON THE
PARENT PORTAL AT www.flip-flogymnastics.com or
 email info@flip-flogymnastics.com



- **GYMNASTICS CLASSES FOR ALL AGES**
 - **PRESCHOOLER GYMNASTICS**
 - **PARENT & ME TODDLER CLASSES**
- **NINJA CHALLENGE CLASSES FOR BOYS & GIRLS**
- **TUMBLE, ACRO, BACK HANDSPRING & WALKOVER CLINICS**
 - **BIRTHDAY PARTIES**
 - **SUMMER CAMPS**

CELEBRATING 20 YEARS IN WESTHAMPTON BEACH! 🎈

381 OLD RIVERHEAD ROAD, WESTHAMPTON BEACH, NY 11978

Ph 631-288-2845



SCHEDULE ON BACK



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
10-10:45 Tadpoles-Mark	10-10:45 Tadpoles-Mark	10-10:45 Tadpoles-Mark	10-10:45 Tadpoles-Mark	9-9:45 Tadpoles-Elyse	9-9:45 Tadpoles- Mark
	11-11:45 Peewee Ninja Mark	10-10:45 Leapfrog Elyse	11-11:45 Leapfrogs- Mark	10-10:45 Tadpoles - Elyse	9-9:45 Leapfrogs-Julianna
WINTER SESSION 11/27-2/10/24 *CLASSES SUBJECT TO CHANGE		11-11:45 Peewee Ninja Mark		11-11:45 Leapfrogs- Elyse	
		11-11:45 Tadpoles-Elyse			
Register on the parent portal at www.flip-flogymnastics.com FOR 10 WEEK SESSION			2:20-3:05 Leapfrogs- Elyse		10-10:45 Tadpoles- Mark
			3:20-4:05 Pee Wee Ninja Mark		10-10:45 Leapfrogs- Julianna
3:20-4:05 Pee Wee Ninja Mark	3:20-4:05 Leapfrogs- Elyse	3:20-4:05 Leapfrogs-Elyse	3:20-4:05 Leapfrogs-Elyse	3:00-3:45 Pee Wee Ninja Mark	10-11:00 5-8 years Rachel
4:15-5:15 Mel 4-6yrs	4:15-5:15 Mel 5-7yrs	4:15-5:15 4-6yrs Julianna	4:15-5:15 Mel 5-7yrs	4:15-5:15 4-6yrs Julianna	11-12:00 4-6 years Julianna
4:15-5:15 Mark 9+ yrs	4:15-5:15 Mark 9+ yrs	4:15-5:15 Mark Ninja 8+yrs	4:15-5:15 Mark Acro 7+	4:15-5:15 Mark Ninja 5- 8 yrs	11-12:00 6-8 years Rachel
4:15-5:15 Elyse 6-8yrs	4:15-5:15 Elyse 7-9yrs	4:15-5:15 Elyse 6-8yrs	4:15-5:15 Elyse 7-9yrs		11-12:00 9+ years Mark
	4:15-5:15 Sam Ninja 5- 8yrs	4:15-5:15 Sam-Ninja 5-8yrs	4:15-5:15 Sam-Ninja 6-9yrs		
5:25-6:25 Mel 7-9yrs	5:25-6:25 Mel 5-8yrs	5:25-6:25 Julianna 5-7yrs	5:25-6:25 Mel 5-8yrs	5:25-6:25 Julianna Ninja	
5:25-6:25 Mark 9+	5:25-6:25 Mark 8+	5:25-6:25 Mark Back handspring Clinic	5:25-6:25 Mark Back handspring clinic	5:25-6:25 Mark 7+	Book a Saturday Party on the Party Portal!
5:25-6:25 Elyse Walkover clinic	5:25-6:25 Elyse 7-9yrs	5:25-6:25 Elyse 7-9yrs	5:25-6:25 Elyse 7-9yrs		
5:25-6:25 Rachel 5-8yrs	5:25-6:25 Sam Ninja 5- 8yrs	5:25-6:25 Sam Ninja 5-8yrs	5:25-6:25 Sam Ninja 5-8yrs		
6:30-7:30 Rachel 5-8yrs	6:30-7:30 Mel 8+	6:30-7:30 Mark- 9+		6:30-7:30 Julianna- Ninja8+	45 MINUTE CLASSES \$295 10 WEEKS 1 HOUR CLASS \$325 FOR 10 WEEKS *YOU DO NOT PAY FOR CLASSES WHEN WE ARE CLOSED
6:30-7:30 Mel- 8+	6:30-7:30 Elyse 5-7 yrs.	6:30-7:30 Elyse Walkover clinic	6:30-7:30 Mel 9+	6:30-7:30 Mark- Tumble 8+	
6:30-7:30 Mark- acro 8+	6:30-7:30 Mark- Ninja 8+	6:30-7:30 Sam Ninja 8+	6:30-7:30 Mark Tumble 8+		