



# Flip-Flop GYMNASTICS



REGISTRATION FOR WINTER 2 SESSION OPEN NOW!  
 DATES ARE 2/12/24- 05/4/24. REGISTER ON THE  
 PARENT PORTAL AT [www.flip-flogymnastics.com](http://www.flip-flogymnastics.com) or  
 email [info@flip-flogymnastics.com](mailto:info@flip-flogymnastics.com)

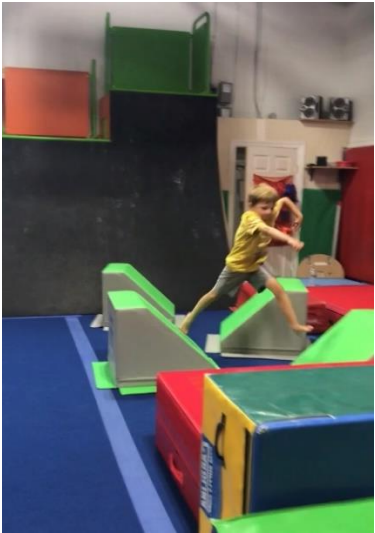


- GYMNASTICS CLASSES FOR ALL AGES
  - PRESCHOOLER GYMNASTICS
  - PARENT & ME TODDLER CLASSES
- NINJA CHALLENGE CLASSES FOR BOYS & GIRLS
- TUMBLE, ACRO, BACK HANDSPRING & WALKOVER CLINICS
  - BIRTHDAY PARTIES
  - SUMMER CAMPS

CELEBRATING 20 YEARS IN WESTHAMPTON BEACH! 🎉

381 OLD RIVERHEAD ROAD, WESTHAMPTON BEACH, NY 11978

Ph 631-288-2845



SCHEDULE ON BACK



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
10-10:45 Tadpoles-Mark	10-10:45 Tadpoles-Mark	10-10:45 Tadpoles-Mark	10-10:45 Tadpoles-Mark	9-9:45 Tadpoles-Elyse	9-9:45 Tadpoles- Mark
	11-11:45 Peewee Ninja Mark	10-10:45 Leapfrog Elyse	11-11:45 Leapfrogs- Mark	10-10:45 Tadpoles - Elyse	9-9:45 Leapfrogs-Julianna
<b>WINTER SESSION</b> Starts 2/12/24 for 10 weeks *JOIN AT ANY TIME Closed w/o 2/19 & 4/22 for winter & spring recess.		11-11:45 Peewee Ninja Mark		11-11:45 Leapfrogs- Elyse	
		11-11:45 Tadpoles-Elyse			
Register on the parent portal at <a href="http://www.flip-flogymnastics.com">www.flip-flogymnastics.com</a> <b>FOR 10 WEEK SESSION</b>			3:20-4:05 Pee Wee Ninja Mark		10-10:45 Tadpoles- Mark 10-10:45 Leapfrogs- Julianna
3:20-4:05 Pee Wee Ninja Mark	3:20-4:05 Leapfrogs- Elyse	3:20-4:05 Leapfrogs-Elyse	3:20-4:05 Leapfrogs-Elyse	3:20-4:05 Pee Wee Ninja Mark	10-11:00 5-8 years Rachel
4:15-5:15 Mel 4-6yrs	4:15-5:15 Mel 5-7yrs	4:15-5:15 4-6yrs Julianna	4:15-5:15 Mel 5-7yrs	4:15-5:15 4-6yrs Julianna	11-12:00 4-6 years Julianna
4:15-5:15 Mark 9+ yrs	4:15-5:15 Mark 9+ yrs	4:15-5:15 Mark Ninja 8+yrs	4:15-5:15 Mark Acro 7+	4:15-5:15 Mark Ninja 5- 8 yrs	11-12:00 6-8 years Rachel
4:15-5:15 Elyse 6-8yrs	4:15-5:15 Elyse 7-9yrs	4:15-5:15 Elyse 6-8yrs	4:15-5:15 Elyse 7-9yrs		11-12:00 9+ years Mark
	4:15-5:15 Sam Ninja 5- 8yrs	4:15-5:15 Sam-Ninja 5-8yrs	4:15-5:15 Sam-Ninja 6-9yrs		
5:25-6:25 Mel 7-9yrs	5:25-6:25 Mel 5-8yrs	5:25-6:25 Julianna 5-7yrs	5:25-6:25 Mel 5-8yrs	5:25-6:25 Julianna Ninja	
5:25-6:25 Mark 9+	5:25-6:25 Mark 8+	5:25-6:25 Mark Back handspring Clinic	5:25-6:25 Mark Back handspring clinic	5:25-6:25 Mark 7+	Book a Saturday Party on the Party Portal! 1-2:30 or 3:30-5
5:25-6:25 Elyse 7-9 yrs	5:25-6:25 Elyse 7-9yrs	5:25-6:25 Elyse 7-9yrs	5:25-6:25 Elyse 7-9yrs		
5:25-6:25 Rachel 5-8yrs	5:25-6:25 Sam Ninja 5- 8yrs	5:25-6:25 Sam Ninja 5-8yrs	5:25-6:25 Sam Ninja 5-8yrs		
6:30-7:30 Rachel 5-8yrs	6:30-7:30 Mel 8+	6:30-7:30 Mark- 9+		6:30-7:30 Julianna- Ninja8+	<b>45 MINUTE CLASSES \$295 10 WEEKS</b> <b>1 HOUR CLASS \$325 FOR 10 WEEKS</b> <b>*YOU DO NOT PAY FOR CLASSES WHEN WE ARE CLOSED</b>
6:30-7:30 Mel- 8+	6:30-7:30 Elyse 5-7 yrs.	6:30-7:30 Elyse Walkover clinic	6:30-7:30 Mel 9+	6:30-7:30 Mark- Tumble 8+	
6:30-7:30 Mark- acro 8+	6:30-7:30 Mark- Ninja 8+	6:30-7:30 Sam Ninja 8+	6:30-7:30 Mark Ninja 8+		