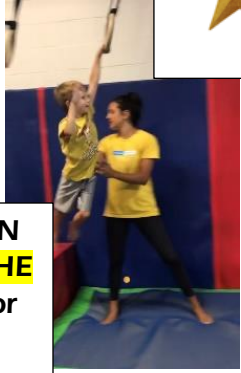
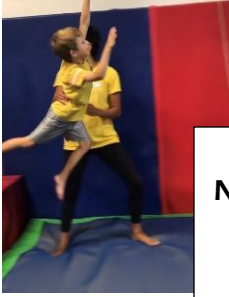




Flip-Flop GYMNASTICS



REGISTRATION FOR FALL 10 WEEK SESSION IS OPEN NOW! DATES ARE 9/9/24-11/16/24. REGISTER ON THE PARENT PORTAL AT www.flip-flop-gymnastics.com or email info@flip-flop-gymnastics.com



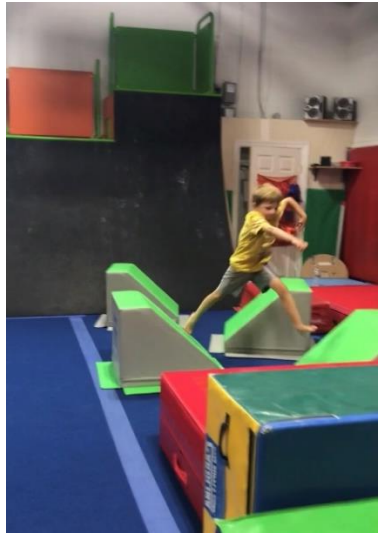
- GIRL'S GYMNASTICS CLASSES FOR ALL AGES
- PRESCHOOLER GYMNASTICS (Leapfrogs, 3-5 yrs)
- PARENT & ME TODDLER CLASSES (Tadpoles 12mos-3yrs)
- NINJA CHALLENGE CLASSES FOR BOYS & GIRLS
- TUMBLE, ACRO, BACK HANDSPRING CLINICS
 - BIRTHDAY PARTIES
 - SUMMER CAMPS

CELEBRATING OVER 21 YEARS IN WESTHAMPTON BEACH!



381 OLD RIVERHEAD ROAD, WESTHAMPTON BEACH, NY 11978

Ph 631-288-2845



SCHEDULE ON BACK



| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--|---------------------------------------|--|--------------------------------------|--|---|
| 45 MINUTE CLASSES \$305 10 WEEKS | 10-10:45 Tadpoles Sue/ Brielle | 10-10:45 Tadpoles-Holly | 10-10:45 Tadpoles-Holly | 9-9:45 Tadpoles- Elyse | 9-9:45 Tadpoles-Holly |
| 1 HOUR CLASS \$335 FOR 10 WEEKS | 11-11:45 Leapfrogs Sue/ Brielle | 11-11:45 Peewee ninja- Holly | 11-11:45 Leapfrogs Holy | 10-10:45 Tadpoles -Elyse | 9-9:45 Leapfrogs-Izzy |
| SESSIONS RUN 10 WKS *JOIN AT ANY TIME 9/9-11/16/24 | | Register on the parent portal at www.flip-flogymnastics.com | | 11-11:45 Leapfrogs-Elyse | 10-10:45 Tadpoles- Holly |
| | | Instructors/ classes subject to change | | | 10-10:45 Leapfrogs-Izzy |
| 3:20-4:05 Peewee Ninja Elyse & Holly | 3:20-4:05 Leapfrogs-Elyse | 3:20-4:05 Leapfrogs-Elyse | 3:20-4:05 Leapfrogs-Elyse | 3:20-4:05 Pee Wee Ninja Elyse | 11-11:45 4-6 yrs. Emma, Yenny |
| 4:15-5:15 4-6 yrs. Holly | 4:15-5:15 4-6yrs Emma | 4:15-5:00 3-5 yrs Holly | 4:15-5:15 4-6yrs Emma | 4:15-5:15 4-6yrs Elyse | 11-12:00 6-8 yrs. Izzy |
| 4:15-5:15 5-7yrs Mel | 4:15-5:15 6-8 yrs Mel | | 4:15-5:15 5-7 yrs. Mel | | 11-12:00 9+ yrs. Holly |
| 4:15-5:15 8+ yrs. Elyse | 4:15-5:15 8+ yrs. Elyse | 4:15-5:15 7-9yrs Elyse | 4:15-5:15 6-8 yrs. Elyse | | |
| | 4:15-5:15 Ninja 5-8yrs Yenny | 4:15-5:15 Ninja5-8 yrs. Yenny | 4:15-5:15 Ninja 8+ yrs. Yenny | 4:15-5:15 Ninja 5-8 yrs. Yenny | |
| 5:25-6:25 Holly 4-6yrs | 5:25-6:25 4-6 yrs Emma | 5:25-6:25 3-5 yrs Holly | 5:25-6:25 4-6 yrs. Emma | | Book a Saturday Party on the Party Portal! |
| 5:25-6:25 Mel 6-8 yrs. | 5:25-6:25 6-8 yrs. Mel | 5:25-6:25 Elyse 5-7 yrs. | 5:25-6:25 Mel 6-8 yrs. | |  |
| 5:25-6:25 Elyse 8+yrs. | 5:25-6:25 9+ Elyse | | 5:25-6:25 Elyse 7-9yrs | 5:25-6:25 Elyse 9+ | Parties are 1-2:30 & 3:30-5 |
| | 5:25-6:25 Ninja 6-9 yrs. Yenny | 5:25-6:25 Ninja 5-8 yrs. Yenny | 5:25-6:25 Ninja 5-8 yrs. Yenny | 5:25-6:25 Ninja 5-8 yrs. Yenny | |
| 6:30-7:30 Holly 5-7 yrs | 6:30-7:30 Mel 9+ | 6:30-7:30 6-8 yrs. Holly | | 6:30-7:30 Ninja 8+ Yenny | |
| 6:30-7:30 Mel- 8+ yrs. | 6:30-7:30 6-8 yrs. Elyse | 6:30-7:30 Elyse- Walkover/ Handspring/ Acro 10 +yrs | 6:30-7:30 Mel 9+ yrs. | 6:30-7:30 Elyse Tumble/ acro 8+ | |
| 6:30-7:30 Elyse- Tumble/acro 8+ | 6:30-7:30 Ninja 8+ Yenny | | | | |