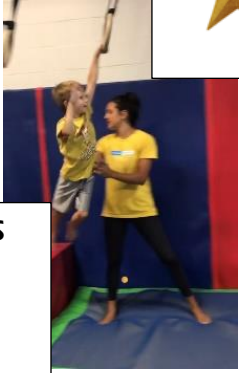




# Flip-Flop GYMNASTICS



REGISTRATION FOR Session 2- 10 WEEK SESSION IS OPEN NOW! DATES ARE 11/18/24- 02/15/25.  
REGISTER ON THE PARENT PORTAL AT  
[www.flip-flogymnastics.com](http://www.flip-flogymnastics.com)



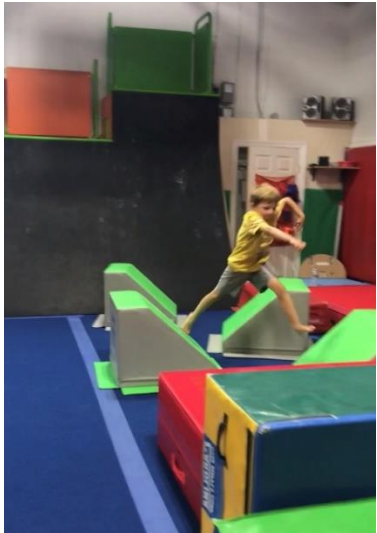
- GIRL'S GYMNASTICS CLASSES FOR ALL AGES
- PRESCHOOLER GYMNASTICS (Leapfrogs, 3-5 yrs)
- PARENT & ME TODDLER CLASSES (Tadpoles | 2mos-3yrs)
- NINJA CHALLENGE CLASSES FOR BOYS & GIRLS
- TUMBLE, ACRO, BACK HANDSPRING CLINICS
  - BIRTHDAY PARTIES
  - SUMMER CAMPS

CELEBRATING OVER 21 YEARS IN WESTHAMPTON BEACH!



381 OLD RIVERHEAD ROAD, WESTHAMPTON BEACH, NY 11978

Ph 631-288-2845



SCHEDULE ON BACK



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
45 MINUTE CLASSES \$305 10 WEEKS	10-10:45 Tadpoles Sue/ Brielle	10-10:45 Tadpoles-Holly	10-10:45 Tadpoles-Holly	9-9:45 Tadpoles- Elyse	9-9:45 Tadpoles-Holly
1 HOUR CLASS \$335 FOR 10 WEEKS	11-11:45 Leapfrogs Sue/ Brielle	11-11:45 Peewee ninja- Holly	11-11:45 Tadpoles-Holly	10-10:45 Tadpoles -Elyse	9-9:45 Leapfrogs-Izzy
SESSIONS RUN 10 WKS *JOIN AT ANY TIME		Register on the parent portal at <a href="http://www.flip-flogymnastics.com">www.flip-flogymnastics.com</a>		11-11:45 Leapfrogs-Elyse	10-10:45 Tadpoles- Holly
		Instructors/ classes subject to change			10-10:45 Leapfrogs-Izzy
3:20-4:05 Peewee Ninja Elyse & Holly	3:20-4:05 Leapfrogs-Elyse & Holly	3:20-4:05 Leapfrogs-Elyse & Holly	3:20-4:05 Leapfrogs-Elyse & Emma	3:20-4:05 Pee Wee Ninja Elyse	11-11:45 4-6 yrs. Emma, Yenny
4:15-5:15 4-6 yrs. Holly	4:15-5:15 4-6yrs Emma	4:15-5:00 3-5 yrs Holly	4:15-5:15 4-6yrs Emma	4:15-5:15 4-6yrs Elyse	11-12:00 6-8 yrs. Izzy
4:15-5:15 5-7yrs Mel	4:15-5:15 6-8 yrs Mel		4:15-5:15 5-7 yrs. Mel		11-12:00 9+ yrs. Holly
4:15-5:15 8+ yrs. Elyse	4:15-5:15 8+ yrs. Elyse	4:15-5:15 7-9yrs Elyse	4:15-5:15 6-8 yrs. Elyse		
	4:15-5:15 Ninja 5-8yrs Yenny	4:15-5:15 Ninja5-8 yrs. Izzy	4:15-5:15 Ninja 8+ yrs. Yenny	4:15-5:15 Ninja 5-8 yrs. Yenny	
5:25-6:25 4-6yrs Holly	5:25-6:25 4-6 yrs Emma	5:25-6:25 3-5 yrs Holly	5:25-6:25 4-6 yrs. Emma		Book a Saturday Party on the Party Portal!
5:25-6:25 6-8 yrs. Mel	5:25-6:25 6-8 yrs. Mel	5:25-6:25 5-7 yrs. Elyse	5:25-6:25 6-8 yrs. Mel		
5:25-6:25 Elyse 8+yrs.	5:25-6:25 9+ Elyse		5:25-6:25 7-9yrs Elyse	5:25-6:25 9+ Elyse	Parties are 1-2:30 & 3:30-5
	5:25-6:25 Ninja 6-9 yrs. Yenny	5:25-6:25 Ninja 5-8 yrs. Izzy	5:25-6:25 Ninja 5-8 yrs. Yenny	5:25-6:25 Ninja 5-8 yrs. Yenny	
6:30-7:30 Holly 5-7 yrs	6:30-7:30 Mel 9+	6:30-7:30 6-8 yrs. Holly		6:30-7:30 Ninja 8+ Yenny	
6:30-7:30 Mel- 8+ yrs.	6:30-7:30 6-8 yrs. Elyse	6:30-7:30 Elyse- Walkover/ Handspring/ Acro 10 +yrs	6:30-7:30 9+ yrs. Mel	6:30-7:30 Elyse Tumble/ acro 8+	
6:30-7:30 Elyse- Tumble/acro 8+	6:30-7:30 Ninja 8+ Yenny				