  

REGISTRATION FOR Session 3, 10 WEEK SESSION IS OPEN NOW! DATES ARE 02/24/25- 05/10/2025. REGISTER ON THE PARENT PORTAL AT [www.flip-flopgymnastics.com](http://www.flip-flopgymnastics.com) or email info@flip-flopgymnastics.com





     

     



* GIRL’S GYMNASTICS CLASSES FOR ALL AGES
* PRESCHOOLER GYMNASTICS (Leapfrogs, 3-5 yrs)
* PARENT & ME TODDLER CLASSES (Tadpoles12mos-3yrs)
* NINJA & PeeWee Ninja CLASSES FOR BOYS & GIRLS
* TUMBLE, ACRO, BACK HANDSPRING CLINICS
* BIRTHDAY PARTIES
* SUMMER CAMPS

CELEBRATING OVER 22 YEARS IN WESTHAMPTON BEACH!

45 MINUTE CLASSES $310 for 10 WEEKS 1 HOUR CLASS $345 FOR 10 WEEKS

381 OLD RIVERHEAD ROAD, WESTHAMPTON BEACH, NY 11978

Ph 631-288-2845

 SCHEDULE ON BACK 

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|  | 9-9:45Tadpoles- Elyse |  | 9-9:45Tadpoles- Elyse | 9-9:45Tadpoles- Elyse | 9-9:45Tadpoles-Holly |
|  | 10-10:45Tadpoles Sue | 10-10:45Tadpoles-Holly | 10-10:45Tadpoles-Elyse | 10-10:45Tadpoles -Elyse | 9-9:45Leapfrogs-Izzy |
|  | 11-11:45Leapfrogs Sue | 11-11:45Peewee Ninja Holly | 11-11:45Tadpoles- Elyse | 11-11:45Leapfrogs-Elyse | 10-10:45Tadpoles- Holly |
| Register on the Parent Portal at www.flip-flopgymnastics.com |
| 3:20-4:05Peewee Ninja Elyse  | 3:20-4:05Leapfrogs-Holly | 3:20-4:05Leapfrogs-Elyse  | 3:20-4:05 Leapfrogs-Holly | 3:20-4:05Pee Wee Ninja Elyse  | 10-10:45Leapfrogs-Izzy |
| SESSIONS RUN 10 WKS \*JOIN AT ANY TIME 02/24/25- 05/10/2025. |
| 4:15-5:154-6 yrs. Holly | 4:15-5:154-6yrs Emma | 4:15-5:003-5 yrs Holly | 4:15-5:154-6yrs Emma | 4:15-5:154-6yrs Elyse  | 11-11:454-6 yrs Emma |
| 4:15-5:155-7yrs Mel | 4:15-5:156-8 yrs Mel |  | 4:15-5:155-7 yrs. Mel |   | 11-12:00 6-8 yrs. Izzy |
| 4:15-5:158+ yrs. Elyse | 4:15-5:15 8+ yrs.  | 4:15-5:157-9yrs Elyse | 4:15-5:156-8 yrs.Holly  |  | 11-12:008+ yrs. Holly |
|  | 4:15-5:15Ninja 5-8yrs Yenny | 4:15-5:15Ninja5-8 yrs. Izzy | 4:15-5:15Ninja 8+ yrs. Yenny | 4:15-5:15Ninja 5-8 yrs. Yenny |   |
| Instructors/ classes subject to change  |
| 5:25-6:25 Holly 4-6yrs | 5:25-6:254-6 yrs Emma | 5:25-6:25 3-5 yrs Holly | 5:25-6:254-6 yrs. Emma |  | Book a Party on Our Party Portal! |
| 5:25-6:25Mel 6-8 yrs. | 5:25-6:256-8 yrs. Mel | 5:25-6:25Elyse 5-7 yrs. | 5:25-6:25Mel 6-8 yrs. |  | A group of balloons in different colors  Description automatically generated |
| 5:25-6:25  Elyse 8+yrs. | 5:25-6:25 9+  |  | 5:25-6:257-9yrs Holly | 5:25-6:25Elyse 9+ | Parties are 1-2:30 & 3:30-5 |
|  | 5:25-6:25Ninja 6-9 yrs. Yenny | 5:25-6:25Ninja 5-8 yrs.Izzy | 5:25-6:25Ninja 5-8 yrs. Yenny | 5:25-6:25Ninja 5-8 yrs. Yenny |  |
| 2 Make-ups allowed per session. Email to schedule 24 hours advance notice required! |
| 6:30-7:30 Holly 5-7 yrs | 6:30-7:30Mel 9+ | 6:30-7:306-8 yrs.Holly |  | 6:30-7:30Ninja 8+ Yenny |  |
| 6:30-7:30Mel- 8+ yrs. | 6:30-7:306-8 yrs. | 6:30-7:30 Elyse- Walkover/ Handspring/ Acro 10 +yrs | 6:30-7:30Mel 9+ yrs. | 6:30-7:30Elyse Tumble/ acro 8+ |  |
| 6:30-7:30Elyse- Tumble/acro8+ | 6:30-7:30Ninja 8+ Yenny | 6:30-7:30Tumble clinic 6-8 yrs Izzy |  |  |  |