A child and child in a gym

Description automatically generated A black and white logo

Description automatically generated A person and a child jumping on a block

Description automatically generated

REGISTRATION FOR Session 3, 10 WEEK SESSION IS OPEN NOW! DATES ARE 02/24/25- 05/10/2025. REGISTER ON THE PARENT PORTAL AT [www.flip-flopgymnastics.com](http://www.flip-flopgymnastics.com) or email [info@flip-flopgymnastics.com](mailto:info@flip-flopgymnastics.com)





A child doing a handstand on a mat

Description automatically generated A group of kids doing handstands

Description automatically generated A child on rings in a gym

Description automatically generated  A child on a bar

Description automatically generated A group of kids wearing party hats

Description automatically generated

A child lying in a pile of foam blocks

Description automatically generated A group of girls in a room

Description automatically generated A child jumping on a trampoline

Description automatically generated A child in a yellow shirt

Description automatically generated A child in a pink shirt and blue leggings

Description automatically generated A group of boys standing in a gym

Description automatically generated

A child jumping over blocks

Description automatically generated

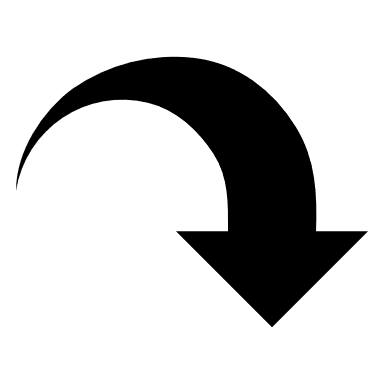
* GIRL’S GYMNASTICS CLASSES FOR ALL AGES
* PRESCHOOLER GYMNASTICS (Leapfrogs, 3-5 yrs)
* PARENT & ME TODDLER CLASSES (Tadpoles12mos-3yrs)
* NINJA & PeeWee Ninja CLASSES FOR BOYS & GIRLS
* TUMBLE, ACRO, BACK HANDSPRING CLINICS
* BIRTHDAY PARTIES
* SUMMER CAMPS

CELEBRATING OVER 22 YEARS IN WESTHAMPTON BEACH!

45 MINUTE CLASSES $310 for 10 WEEKS 1 HOUR CLASS $345 FOR 10 WEEKS

381 OLD RIVERHEAD ROAD, WESTHAMPTON BEACH, NY 11978

Ph 631-288-2845

 SCHEDULE ON BACK 

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|  | 9-9:45  Tadpoles- Elyse |  | 9-9:45  Tadpoles- Elyse | 9-9:45  Tadpoles- Elyse | 9-9:45  Tadpoles-Holly |
|  | 10-10:45  Tadpoles Sue | 10-10:45  Tadpoles-Holly | 10-10:45  Tadpoles-Elyse | 10-10:45  Tadpoles -Elyse | 9-9:45  Leapfrogs-Izzy |
|  | 11-11:45  Leapfrogs Sue | 11-11:45  Peewee Ninja Holly | 11-11:45  Tadpoles- Elyse | 11-11:45  Leapfrogs-Elyse | 10-10:45  Tadpoles- Holly |
| Register on the Parent Portal at www.flip-flopgymnastics.com | | | | | |
| 3:20-4:05  Peewee Ninja  Elyse | 3:20-4:05  Leapfrogs-Holly | 3:20-4:05  Leapfrogs-Elyse | 3:20-4:05  Leapfrogs-Holly | 3:20-4:05  Pee Wee Ninja Elyse | 10-10:45  Leapfrogs-Izzy |
| SESSIONS RUN 10 WKS \*JOIN AT ANY TIME 02/24/25- 05/10/2025. | | | | | |
| 4:15-5:15  4-6 yrs. Holly | 4:15-5:15  4-6yrs Emma | 4:15-5:00  3-5 yrs Holly | 4:15-5:15  4-6yrs Emma | 4:15-5:15  4-6yrs Elyse | 11-11:45  4-6 yrs Emma |
| 4:15-5:15  5-7yrs Mel | 4:15-5:15  6-8 yrs Mel |  | 4:15-5:15  5-7 yrs. Mel |  | 11-12:00  6-8 yrs. Izzy |
| 4:15-5:15  8+ yrs. Elyse | 4:15-5:15  8+ yrs. | 4:15-5:15  7-9yrs Elyse | 4:15-5:15  6-8 yrs.Holly |  | 11-12:00  8+ yrs. Holly |
|  | 4:15-5:15  Ninja 5-8yrs Yenny | 4:15-5:15  Ninja5-8 yrs. Izzy | 4:15-5:15  Ninja 8+ yrs. Yenny | 4:15-5:15  Ninja 5-8 yrs. Yenny |  |
| Instructors/ classes subject to change | | | | | |
| 5:25-6:25  Holly 4-6yrs | 5:25-6:25  4-6 yrs Emma | 5:25-6:25  3-5 yrs Holly | 5:25-6:25  4-6 yrs. Emma |  | Book a Party on  Our Party Portal! |
| 5:25-6:25  Mel 6-8 yrs. | 5:25-6:25  6-8 yrs. Mel | 5:25-6:25  Elyse 5-7 yrs. | 5:25-6:25  Mel 6-8 yrs. |  | A group of balloons in different colors  Description automatically generated |
| 5:25-6:25  Elyse 8+yrs. | 5:25-6:25  9+ |  | 5:25-6:25  7-9yrs Holly | 5:25-6:25  Elyse 9+ | Parties are  1-2:30 & 3:30-5 |
|  | 5:25-6:25  Ninja 6-9 yrs. Yenny | 5:25-6:25  Ninja 5-8 yrs.  Izzy | 5:25-6:25  Ninja 5-8 yrs. Yenny | 5:25-6:25  Ninja 5-8 yrs. Yenny |  |
| 2 Make-ups allowed per session. Email to schedule 24 hours advance notice required! | | | | | |
| 6:30-7:30  Holly 5-7 yrs | 6:30-7:30  Mel 9+ | 6:30-7:30  6-8 yrs.  Holly |  | 6:30-7:30  Ninja 8+ Yenny |  |
| 6:30-7:30  Mel- 8+ yrs. | 6:30-7:30  6-8 yrs. | 6:30-7:30  Elyse- Walkover/ Handspring/  Acro 10 +yrs | 6:30-7:30  Mel 9+ yrs. | 6:30-7:30  Elyse  Tumble/ acro 8+ |  |
| 6:30-7:30  Elyse- Tumble/acro8+ | 6:30-7:30  Ninja 8+ Yenny | 6:30-7:30  Tumble clinic  6-8 yrs Izzy |  |  |  |