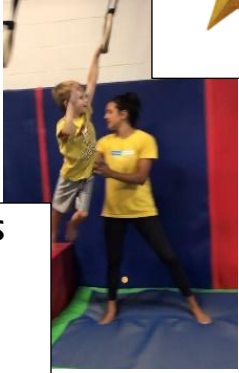




Flip-Flop GYMNASTICS



REGISTRATION FOR Session 3, 10 WEEK SESSION IS OPEN NOW! DATES ARE 02/24/25- 05/10/2025. REGISTER ON THE PARENT PORTAL AT www.flip-flogymnastics.com or email info@flip-flogymnastics.com



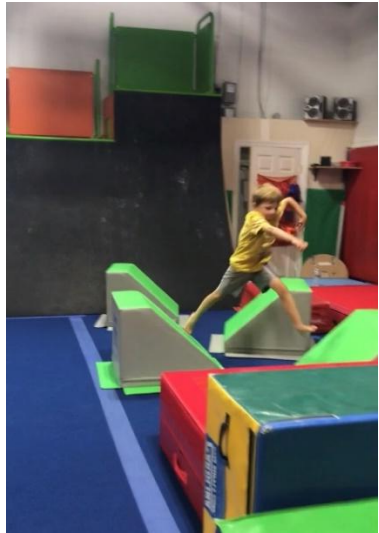
- GIRL'S GYMNASTICS CLASSES FOR ALL AGES
- PRESCHOOLER GYMNASTICS (Leapfrogs, 3-5 yrs)
- PARENT & ME TODDLER CLASSES (Tadpoles 12mos-3yrs)
- NINJA & PeeWee Ninja CLASSES FOR BOYS & GIRLS
- TUMBLE, ACRO, BACK HANDSPRING CLINICS
 - BIRTHDAY PARTIES
 - SUMMER CAMPS

CELEBRATING OVER 22 YEARS IN WESTHAMPTON BEACH!

45 MINUTE CLASSES \$310 for 10 WEEKS 1 HOUR CLASS \$345 FOR 10 WEEKS

381 OLD RIVERHEAD ROAD, WESTHAMPTON BEACH, NY 11978

Ph 631-288-2845



SCHEDULE ON BACK



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	9-9:45 Tadpoles- Elyse		9-9:45 Leapfrogs- Elyse	9-9:45 Tadpoles- Elyse	9-9:45 Tadpoles-Holly
10-10:45 Tadpoles -Elyse	10-10:45 Tadpoles Sue/ Elyse	10-10:45 Tadpoles-Holly	10-10:45 Tadpoles-Elyse	10-10:45 Tadpoles -Elyse	9-9:45 Leapfrogs-Izzy
11-11:45 Leapfrogs-Elyse	11-11:45 Leapfrogs Sue	11-11:45 Peewee Ninja Holly	11-11:45 Tadpoles- Elyse	11-11:45 Leapfrogs-Elyse	10-10:45 Tadpoles- Holly
Register on the Parent Portal at www.flip-flogymnastics.com					
3:20-4:05 Peewee Ninja Holly/ Mya	3:20-4:05 Leapfrogs- Holly/Emma	3:20-4:05 Leapfrogs-Elyse/ Kaitlyn	3:20-4:05 Leapfrogs- Holly/Emma	3:20-4:05 Pee Wee Ninja Elyse	10-10:45 Leapfrogs-Izzy
SESSIONS RUN 10 WKS *JOIN AT ANY TIME 02/24/25- 05/10/2025.					
4:15-5:15 4-6 yrs Mya/ Yenny	4:15-5:15 4-6yrs Emma	4:15-5:00 3-5 yrs Holly	4:15-5:15 4-6yrs Emma	4:15-5:15 4-6yrs Elyse	11-11:45 4-6 yrs Emma
4:15-5:15 5-7yrs Mel	4:15-5:15 6-8 yrs Mel		4:15-5:15 5-7 yrs. Mel		11-12:00 6-8 yrs. Izzy
4:15-5:15 8+ yrs. Holly	4:15-5:15 8+ yrs. Holly	4:15-5:15 7-9yrs Elyse	4:15-5:15 6-8 yrs. Holly		11-12:00 8+ yrs. Holly
	4:15-5:15 Ninja 5-8yrs Yenny	4:15-5:15 Ninja5-8 yrs. Izzy	4:15-5:15 Ninja 8+ yrs. Yenny	4:15-5:15 Ninja 5-8 yrs. Yenny	
Instructors/ classes subject to change					
5:25-6:25 Mya/Yenny 4-6y	5:25-6:25 4-6 yrs Emma	5:25-6:25 3-5 yrs Holly	5:25-6:25 4-6 yrs. Emma		Book a Party on Our Party Portal!
5:25-6:25 Mel 6-8 yrs.	5:25-6:25 6-8 yrs. Mel	5:25-6:25 Elyse 5-7 yrs.	5:25-6:25 Mel 6-8 yrs.		
5:25-6:25 Holly 8+yrs.	5:25-6:25 9+ Holly		5:25-6:25 7-9yrs Holly	5:25-6:25 Elyse 9+	Parties are 1-2:30 & 3:30-5
	5:25-6:25 Ninja 6-9 yrs. Yenny	5:25-6:25 Ninja 5-8 yrs. Izzy	5:25-6:25 Ninja 5-8 yrs. Yenny	5:25-6:25 Ninja 5-8 yrs. Yenny	
2 Make-ups allowed per session. Email to schedule 24 hours advance notice required!					
6:30-7:30 Yenny/Mya 5-7y	6:30-7:30 Mel 9+	6:30-7:30 6-8 yrs. Holly		6:30-7:30 Ninja 8+ Yenny	
6:30-7:30 Mel- 8+ yrs.	6:30-7:30 6-8 yrs. Holly	6:30-7:30 Elyse- Walkover/ Handspring/ Acro 10 +yrs	6:30-7:30 Mel 9+ yrs.	6:30-7:30 Elyse Tumble/ acro 8+	
6:30-7:30 Holly- Tumble/acro8+	6:30-7:30 Ninja 8+ Yenny	6:30-7:30 Tumble clinic 6-8 yrs Izzy			