

Flip-Flop Gymnastics

Summer Schedule | June 30 to August 22, 2025

Join anytime, space permitting!

	Monday	Tuesday	Wednesday	Thursday	Friday
8:30am to 9:15am		Tadpoles <i>(18-36 months)</i>	Tadpoles <i>(18-36 months)</i>	Tadpoles <i>(18-36 months)</i>	
		Leapfrogs <i>(3-5 years old)</i>	Leapfrogs <i>(3-5 years old)</i>	Leapfrogs <i>(3-5 years old)</i>	
10:00am to 2:00pm	Gymnastics and Ninja Summer Camp 4 years old to 12 years old, select your preferred days				
2:45pm to 3:45pm	Peewee Ninja <i>(3-5 years old)</i>	School Hoppers <i>(4-6 years old)</i>	School Hoppers <i>(5-7 years old)</i>	Leapfrogs <i>(3-5 years old)</i>	School Hoppers <i>(7-9 years old)</i>
3:00pm to 4:30pm	Advanced School Hoppers <i>(by invitation)</i>				
4:00pm to 5:00pm	Ninja <i>(6-8 years old)</i>	School Hoppers <i>(9+ years old)</i>	Ninja <i>(4-6 years old)</i>	School Hoppers <i>(6-8 years old)</i>	School Hoppers <i>(6-8 years old)</i>
4:00pm to 5:30pm			Advanced School Hoppers <i>(by invitation)</i>		
5:15pm to 6:15pm		Tiny Tumble <i>(6-8 years old)</i>	Tiny Tumble <i>(6-8 years old)</i>	Teen Tumble <i>(8+ years old)</i>	Teen Tumble <i>(8+ years old)</i>

Quick Links: [Up to date availability](#)

[Class descriptions](#)

Contact us; we can help find the right class or camp for your child!

[381-14 Old Riverhead Rd, Westhampton Beach, NY 11978](#)

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